

40 Days of Prayer for Lent



Week 1: Repentance & Humility

1. **A Heart of Repentance** – Psalm 51:10 – *Create in me a clean heart, O God.*
 - Lord, cleanse my heart and renew my spirit.
 2. **Turning from Sin** – 2 Chronicles 7:14
 - Help me humble myself, pray, and turn from my wicked ways.
 3. **God's Mercy** – Lamentations 3:22-23
 - Thank You for Your new mercies every morning.
 4. **Confession & Forgiveness** – 1 John 1:9
 - I confess my sins and trust in Your forgiveness.
 5. **Surrendering Pride** – James 4:10
 - Teach me to walk in humility before You.
 6. **God's Grace** – Ephesians 2:8
 - Remind me that I am saved by grace, not works.
 7. **Renewed Mind** – Romans 12:2
 - Transform my mind so I may follow Your will.
-

Week 2: Drawing Closer to God

8. **Seeking God First** – Matthew 6:33
 - Help me seek Your kingdom above all else.
9. **Hearing God's Voice** – John 10:27
 - Open my ears to hear and follow You.
10. **The Word as My Guide** – Psalm 119:105
 - Let Your Word be a lamp to my feet.
11. **Trusting in the Lord** – Proverbs 3:5-6
 - Teach me to trust You with all my heart.
12. **God's Presence** – Exodus 33:14

- May Your presence go with me each day.

13. **Resting in God** – Matthew 11:28

- Help me find rest in You.

14. **Drawing Near** – James 4:8

- As I draw near to You, draw near to me.
-

Week 3: The Cross & Christ's Sacrifice

15. **Fixing My Eyes on Jesus** – Hebrews 12:2

- Help me focus on Jesus, the author of my faith.

16. **The Power of the Cross** – 1 Corinthians 1:18

- Remind me of the cross's power in my life.

17. **God's Love Revealed** – Romans 5:8

- Thank You for demonstrating Your love on the cross.

18. **Carrying My Cross** – Luke 9:23

- Teach me to follow You, even in suffering.

19. **Christ's Humility** – Philippians 2:8

- Help me walk in humility as Christ did.

20. **Sacrificial Love** – John 15:13

- Show me how to love sacrificially.

21. **Victory Through Christ** – 1 Corinthians 15:57

- Thank You for victory through Jesus!
-

Week 4: Growing in Faith & Obedience

22. **Faith Over Fear** – Isaiah 41:10

- Strengthen my faith and remove my fear.

23. **Obedience as Worship** – 1 Samuel 15:22

- Let my obedience be an act of worship.
24. **Living by the Spirit** – Galatians 5:16
- Guide me by Your Spirit each day.
25. **Bearing Fruit** – John 15:5
- Help me remain in You and bear good fruit.
26. **Loving My Neighbor** – Mark 12:31
- Teach me to love others as You love me.
27. **Serving with Joy** – Colossians 3:23
- Let me serve others with a joyful heart.
28. **Giving Generously** – 2 Corinthians 9:7
- Help me give cheerfully and generously.
-

Week 5: Prayer & Spiritual Renewal

29. **A Heart of Prayer** – 1 Thessalonians 5:16-18
- Teach me to pray continually with gratitude.
30. **Strength in the Lord** – Ephesians 6:10
- Fill me with Your strength and power.
31. **Overcoming Temptation** – 1 Corinthians 10:13
- Provide a way of escape when I am tempted.
32. **Seeking Wisdom** – James 1:5
- Grant me wisdom in all decisions.
33. **God's Perfect Peace** – Isaiah 26:3
- Keep my heart in perfect peace as I trust in You.
34. **Revival & Renewal** – Psalm 85:6
- Revive my heart and renew my spirit.
35. **The Joy of the Lord** – Nehemiah 8:10

- Let Your joy be my strength.
-

Holy Week: Preparing for Easter

36. Jesus, the Servant King – John 13:14-15

- Teach me to serve as You did.

37. Christ's Suffering – Isaiah 53:5

- Help me reflect on Your sacrifice.

38. The Power of the Resurrection – Philippians 3:10

- May I know the power of Your resurrection.

39. Waiting on the Lord – Psalm 27:14

- Teach me to wait on You with faith.

40. Resurrection Joy! – Matthew 28:6

- Thank You for the hope of the resurrection!